



PLAY2LEARN
YOUR PARTNER IN OT

77 Rumford Street
Waltham, MA 02453



LITTLE HANDS IN BIG HANDS

*Building secure
attachment, one playful
moment at a time.*

Every Monday, 11 AM - 12:30 PM

6 WEEK SESSIONS BEGIN OCTOBER 13

**CHILDREN
AGES 0-3
WITH THEIR
CAREGIVER**

About Sarah Joy Hollingsworth

Sarah Joy is a biological, foster, and adoptive mom to six children. She helps caregivers build secure attachment with their children through play, connection, and reflection. Sarah is an RN, MPH, Lactation Counselor, and Parent Coach.

Pricing*

6 weeks – \$155

6 class punch card (use within 9 weeks) – \$165

10 class punch card (use within 14 weeks) – \$250

(*No groups Nov 24 or Dec 29)

About the group

- ✓ Movement-based
- ✓ Facilitated playtime
- ✓ Secure attachment
- ✓ Atunement
- ✓ Fostering regulation
- ✓ Mindfulness & Repair

For more details email frontdeskplay2learn@gmail.com